



**DOW UNIVERSITY OF HEALTH SCIENCES**

# **BS NURSING**

## **Session 2022-23**

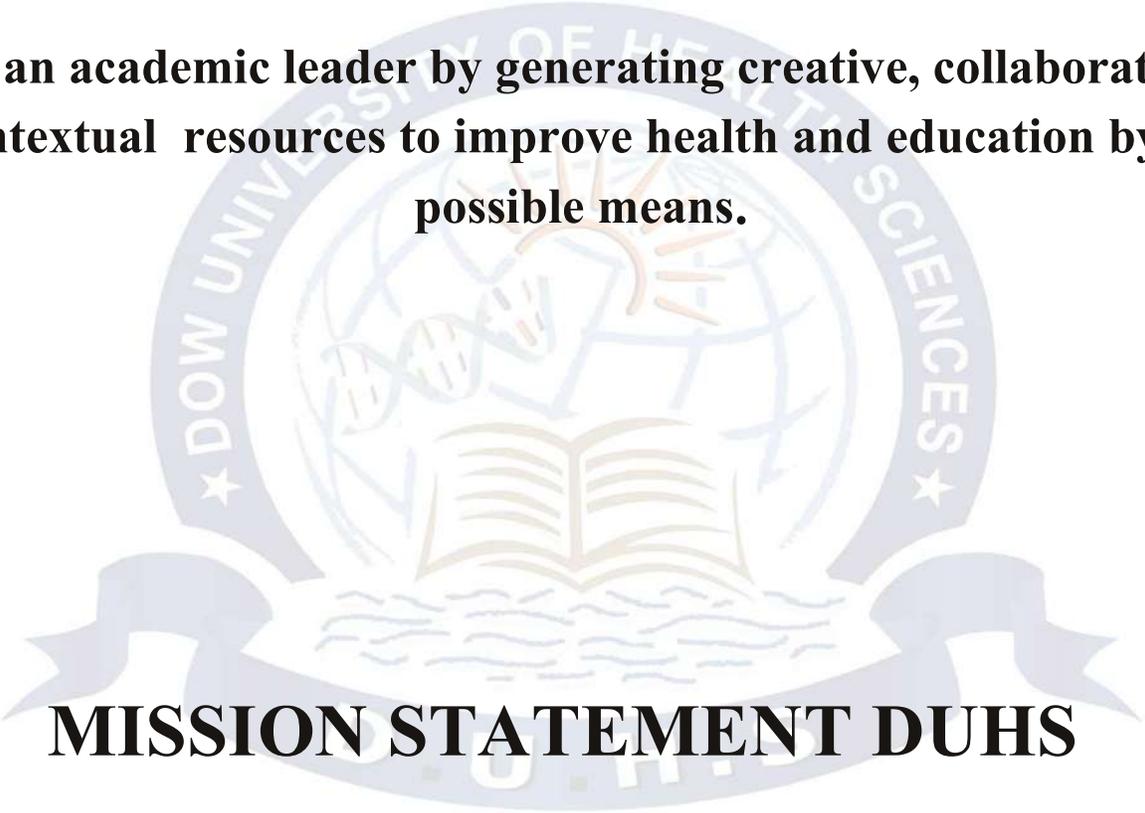
# **PROSPECTUS**

**Dow Institute of  
Nursing and Midwifery (ION)**

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## **VISION STATEMENT DUHS**

**Be an academic leader by generating creative, collaborative, contextual resources to improve health and education by all possible means.**



## **MISSION STATEMENT DUHS**

**To provide leadership in creating and imparting knowledge through excellence in research and education with the aim to provide cost effective, contextually relevant and quality community services through its faculty, staff and graduates, with continuous efforts for improvement through reflection and learning.**

# 1 Overview of the Institution:

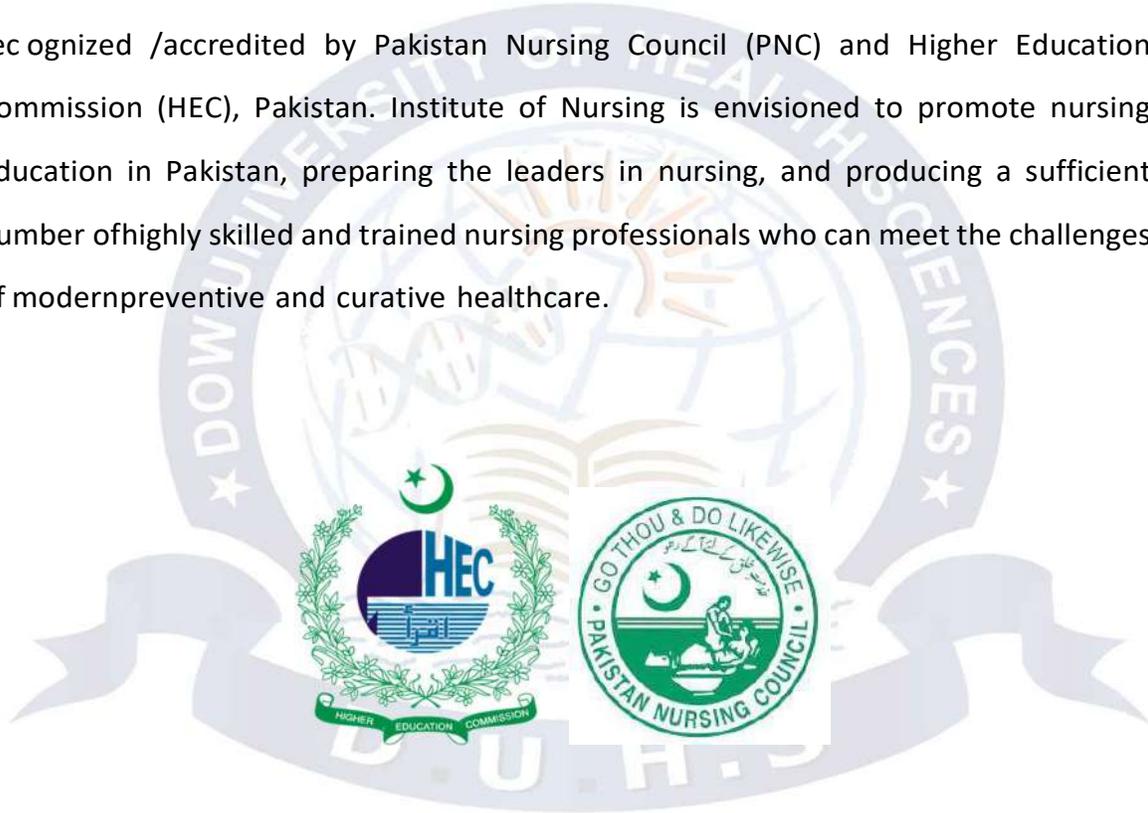
Dow Institute of Nursing and Midwifery is a part of Dow University of Health Sciences. It was established in 2006. The task force for establishment of Institute of Nursing & Midwifery played a very important role in planning and establishment of this institute. Our primary objective is to produce quality healthcare professionals through Bachelors of Nursing Program (BSN Generic) Post RN BSN, Post RN BSM and Masters in Nursing Programs. The task force was chaired by Vice Chancellor and the members included nursing professionals, senior teachers from both public and private sectors. The Dow Institute of Nursing and Midwifery is situated within the Ojha sub-campus of DUHS with a well-constructed building, and a conducive environment for teaching and learning.

After being established in 2003, Dow University of Health Sciences (DUHS) established the “Dow Institute of Nursing and Midwifery” with the support of Higher Education Commission, Pakistan (HEC). The foundation laying stone ceremony of the nursing institute was held on June 3rd, 2006 at the Ojha sub-Campus of Dow University of Health Sciences. The Chief Guest to the ceremony was Prof. Atta Ur Rehman, Advisor Federal Government, and Chairman Higher Education Commission. Completion period of the project was two years while the basic aim of the institution is to fulfill the acute shortage of skilled nurses in country by providing quality education and hands on nursing skills.

## 2 Recognized By PNC and HEC

The Dow Institute of Nursing and Midwifery Dow University of Health Sciences recognized by Pakistan Nursing Council on September 22. 2007.

All programs, which are offered at Dow Institute of Nursing and Midwifery, are recognized /accredited by Pakistan Nursing Council (PNC) and Higher Education Commission (HEC), Pakistan. Institute of Nursing is envisioned to promote nursing education in Pakistan, preparing the leaders in nursing, and producing a sufficient number of highly skilled and trained nursing professionals who can meet the challenges of modern preventive and curative healthcare.



## 3 Program Overview

### 3.1 Programs Offered

Post RN BS Nursing (2 Year Program)

Generic BS Nursing (4 Year Program)

Post-RN Bachelor of Science in Midwifery (2 Year Program)

Program	No. of years	Eligibility criteria	No.of seats
Post-RN BSN	2 years	<ul style="list-style-type: none"><li>• <b>Matric with Science or Matric with Arts</b> as Specified by HEC vide Notification. No. 8 61/A&amp;A/2018/HEC/5998 dt. 06.04.2018</li><li>• <b>03 Years General Nursing Diploma</b></li><li>• <b>01 Year Diploma in Midwifery</b> (any <b>Post Speciality</b> for Males in Lieu of Midwifery)</li><li>• <b>Valid PNC Registration</b> Gender Ratio: 50% Female and 50% Male.</li></ul>	100
BSN Generic	4 years	<ul style="list-style-type: none"><li>• <b>Matric Science</b></li><li>• <b>Intermediate Science (Pre-Medical)</b> with 50% Marks in overall subjects</li><li>• <b>Maximum age limit 18 -35 years</b> (Both Male and Female) Gender Ratio: 50% Female and 50% Male</li><li>• <b>Candidate's Domicile of Sindh</b></li></ul>	100
Post-RN BSM	2 years	<ul style="list-style-type: none"><li>• <b>Matric with Science or Matric with Arts</b> as Specified by HEC vide Notification. No. 8 61/A&amp;A/2018/HEC/5998 dt. 06.04.2018</li><li>• <b>03 Years General Nursing Diploma</b></li><li>• <b>01 Year Diploma in Midwifery</b> (any <b>Post Speciality</b> for Males in Lieu of Midwifery)</li><li>• <b>01 Year Clinical experience</b></li><li>• <b>Valid PNC Registration</b> Gender : Only for Female</li></ul>	20

### **3.2 Fee Structure of BS Nursing**

**Session 2022-23**

<b>FEE TYPE</b>	<b>BS GENERIC NURSING</b>	<b>POST RN</b>	<b>MIDWIFERY</b>
Admission Fee	45,000	45,000	45,000
Tuition Fee	136,130	136,130	97,829
Document Verification Charges	1,000	1,000	1,000
<b>Total</b>	<b>182,130</b>	<b>182,130</b>	<b>143,829</b>

- Transport Fee (Optional) Rs. 32,000/- per year.

#### **RULES FOR THE PAYMENT OF FEE**

Payorder of one year tuition fee (of the respective category) will have to be paid within one month after the start of 2nd, 3rd, 4th & Final year.

In case the fee is not submitted during the given specified time, late payment charges will be charged as follows:

First month (after lapse of first month % 2.5.....of tuition fee  
Second month % 5.0..... of tuition fee  
Third month %7.5..... of tuition fee  
Fourth month%10 .....of tuition fee

Fee of all categories may be increased by 10% every year.

**AFTER FOUR MONTHS OF NON PAYMENT, THE SEAT IS LIABLE TO BE CANCELLED AND STUDENT WILL NOT BE ALLOWED TO APPEAR IN ANY EXAMINATION**

Fee deposited is refundable as per the Refund policy guidelines of the DUHS.

Taxes will be applied as per the FBR rules.

Hostel and Transport fee will be valid till the last exam of the academic year.

Amounts stated in the fee vouchers are excluded of all Bank charges.

The Fee Structure may be revised by the university at any time during the course of the study, due to unavoidable circumstances.

### 3.3 Scheme of Studies for Post RN BSN

<b>Year 1 Semester 1</b>	
<i>Courses</i>	<i>Credit hours</i>
Biochemistry	2
Advance Concepts in Nursing I (Adult Health Nursing)	4
Health Assessment	3
Pharmacology	3
English I (Functional)	2
Computer Skills & Information Technology	2
<b>Year 1 Semester 2</b>	
<i>Courses</i>	<i>Credit hours</i>
Advance Concepts in Nursing (II) Mental Health	4
Introduction to Biostatistics	2
Epidemiology	2

Culture Health & Society	2
Introduction to Nursing Models & Theories	2
English II (Academics)	2
Principle of Teaching and Clinical Preceptor ship	3
<b>Year 2 Semester 3</b>	
<i>Courses</i>	<i>Credit hours</i>
Advance Concepts III (CHN)	4
Introduction to Nursing Research	3
Professional Development and Ethics	3
Pak Studies	2
Leadership and Management	3
English III (Professional writing)	2
<b>Year 2 Semester 4</b>	
<i>Courses</i>	<i>Credit hours</i>
*Research/ Evidence based Elective project	4
**Clinical Practicum	6
English IV (Scholarly writing)	2
Islamic Studies/Ethics (For non-Muslims)	2

			<b>Total</b>
<i>Year I</i>	<b>Semester-I:</b> 16 Credits	<b>Semester-II:</b> 17 Credits	33
<i>Year II</i>	<b>Semester-III:</b> 17 Credits	<b>Semester-IV:</b> 14 Credits	31
Grand Total			64

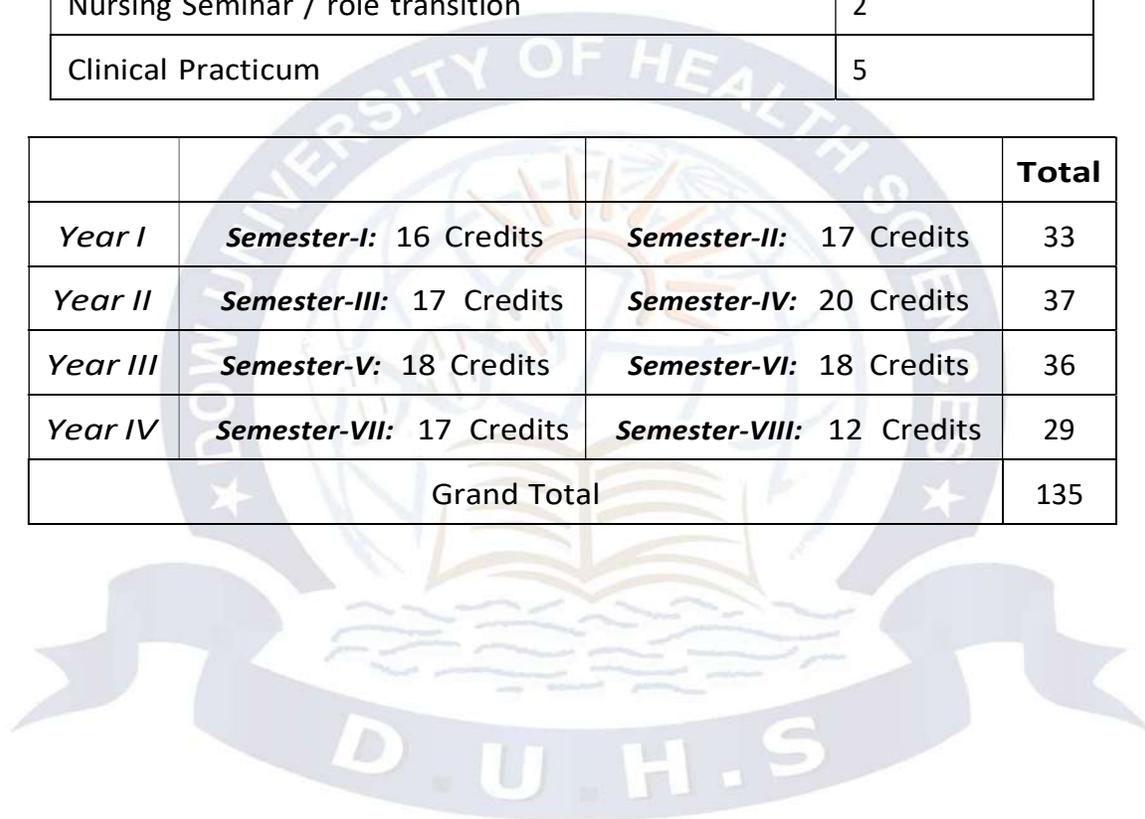
### 3.4 Scheme of Studies for BSN Generic

<b>Year 1 Semester 1</b>	
<i>Courses</i>	<i>Credit hours</i>
Fundamental of Nursing-I	4
Microbiology	3
Anatomy and Physiology-I	3
Biochemistry for Nurses	3
English-I	2
Computer Skills	1
<b>Year 1 Semester 2</b>	
<i>Courses</i>	<i>Credit hours</i>
Fundamental of Nursing-II	4
Anatomy and Physiology-II	3
Community Health Nursing-I	3
Applied Nutrition	1
English-II	2
Islamiat*	2
Pak. Studies*	2
<b>Year 2 Semester 3</b>	
<i>Courses</i>	<i>Credit hours</i>
Adult Health Nursing I	8
Pathophysiology I	2
Health Assessment -I	2
Pharmacology-I	2
Mathematics	1
English-III	2
<b>Year 2 Semester 4</b>	

<i>Courses</i>	<i>Credit hours</i>
Adult Health Nursing-II	8
Pathophysiology II	3
Health Assessment-II	2
Developmental Psychology	2
Pharmacology II	2
English-IV	2
Nursing Ethics	1
<b>Year 3 Semester 5</b>	
<i>Courses</i>	<i>Credit hours</i>
Pediatrics Health Nursing	7
Community Health Nursing -II	6
Teaching/Learning:Principles and Practices	3
English V	2
<b>Year 3 Semester 6</b>	
<i>Courses</i>	<i>Credit hours</i>
Mental Health Nursing	6
Introduction to Biostatistics	3
Behavioral Psychology	3
Epidemiology	2
English-VI	2
Culture, Health and Society	2
<b>Year 4 Semester 7</b>	
<i>Courses</i>	<i>Credit hours</i>
Critical Care Nursing	7
Introduction to Nursing Theories	2
Leadership and Management in Nursing	3

Nursing Research	3
English VII	2
<b>Year 4 Semester 8</b>	
<i>Courses</i>	<i>Credit hours</i>
Community Health Nursing-III	5
Nursing Seminar / role transition	2
Clinical Practicum	5

			<b>Total</b>
<i>Year I</i>	<b>Semester-I:</b> 16 Credits	<b>Semester-II:</b> 17 Credits	33
<i>Year II</i>	<b>Semester-III:</b> 17 Credits	<b>Semester-IV:</b> 20 Credits	37
<i>Year III</i>	<b>Semester-V:</b> 18 Credits	<b>Semester-VI:</b> 18 Credits	36
<i>Year IV</i>	<b>Semester-VII:</b> 17 Credits	<b>Semester-VIII:</b> 12 Credits	29
Grand Total			135

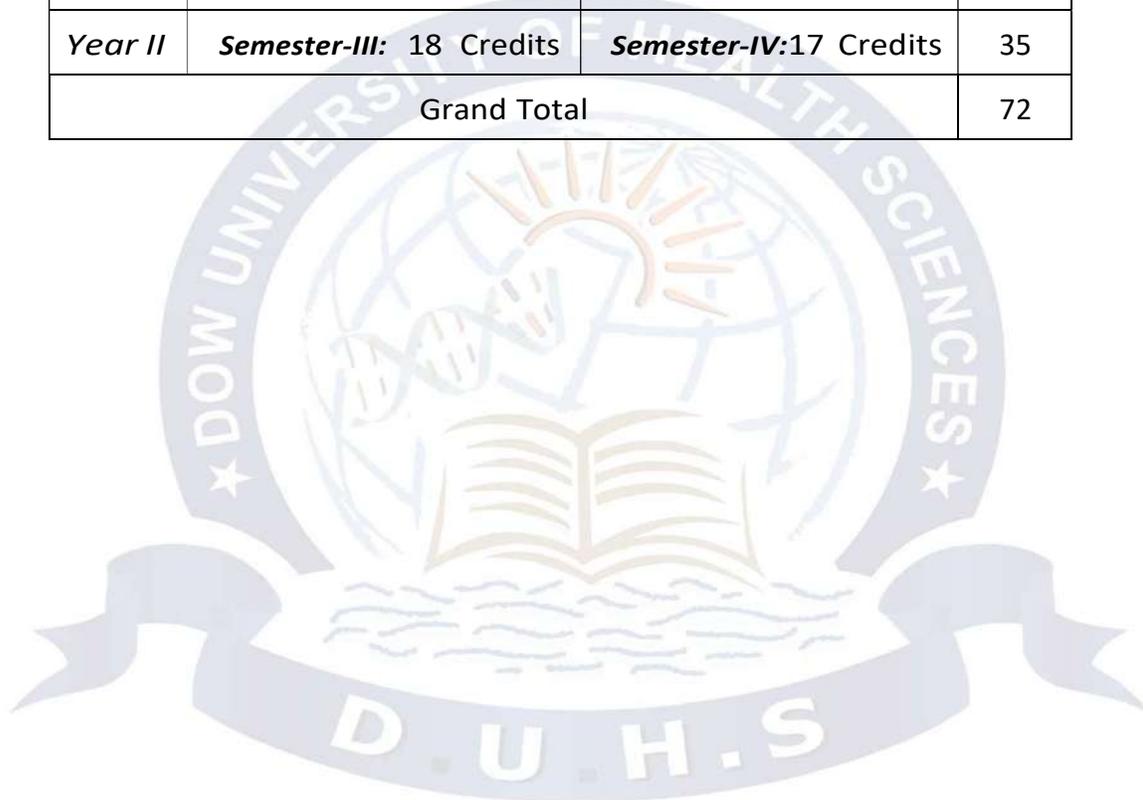


### 3.5 Scheme of Studies for Post RN BSM

<b>Year 1 Semester 1</b>	
<i>Courses</i>	<i>Credit hours</i>
Introduction to Midwifery & women's health	3
Normal Child Bearing cycle & Early Childhood development-I	8
Information Technology	2
English-I	2
Health Assessment	3
<b>Year 1 Semester 2</b>	
<i>Courses</i>	<i>Credit hours</i>
Normal Child Bearing cycle & Early Childhood development- II	12
Life Sciences for Midwives	3
English-II	2
Epidemiology & Biostatistics	2
<b>Year 2 Semester 3</b>	
<i>Courses</i>	<i>Credit hours</i>
Complications of birth cycle, Emergency Obstetrics and Referral	9
Research & Evidence Based Practice	3
Family planning	2
Pak- Studies	2
English-III	2
<b>Year 2 Semester 4</b>	
<i>Courses</i>	<i>Credit hours</i>
Newborn Complications	5

Integrated professional midwifery Practicum	8
English –IV	2
Islamiat / Ethics	2

			<b>Total</b>
<i>Year I</i>	<b>Semester-I:</b> 18 Credits	<b>Semester-II:</b> 19 Credits	37
<i>Year II</i>	<b>Semester-III:</b> 18 Credits	<b>Semester-IV:</b> 17 Credits	35
Grand Total			72



## 4 DIONAM Facilities

### 4.1 Hostel:

Hostel facility is provided only for female students on a need to need basis. The hostel is facilitated with the regular necessities and luxuries needed by the students.

#### 4.1.1 General Rules and Regulation

- 4.1.1.1 No visitors are allowed to stay overnight inside the hostel.
- 4.1.1.2 No Hostilities will be allowed to enter or leave the hostel premises after 10.00 PM
- 4.1.1.3 Weekly visit will be done to assess the cleanliness of hostel rooms.
- 4.1.1.4 Its mandatory to follow all these rules and regulations
- 4.1.1.5 Any of the hostilities, if found violating above rule may directly ask to leave the hostel.

### 4.2 Transportation

The transportation service will be provided by DIONAM to the students and pick and drop service from the allocated pickup points at scheduled time. Students are not required to stay in after institute hours. But if they desire, for study purposes, they should make their own transportation arrangement. Students of DIONAM, DUHS will have to pay transport fees.

### 4.3 Financial Assistance

Any student requiring Financial Aid notifies the competent authority. The committee will review each case on individual basis will decide for financial assistance.

## 4.4 Learning Resources

DIONAM has a nursing skill laboratory, a science laboratory, computer lab several class rooms, conference room, as well as tutorial rooms.

### 4.4.1 Furnished Classrooms

Well furnished classrooms equipped with the latest teaching aids, such as multimedia with internet facilities etc are available to have highly interactive sessions in classroom teaching. All classrooms are well-illuminated, properly ventilated, air conditioned and with modern seating.

### 4.4.2 Nursing Skill Lab

This is a practical learning resource in DIONAM which allows students to practice master nursing skills in patient care situations. The skill lab physical layout accommodates various learning area and stations according to the need of students.

4.4.2.1 The skill lab is open from 8:30 to 15:00 hours, Monday till Thursday and Saturday, Timings for Friday are 8:30 to 12:00. Skill Lab Manager, Faculty and staff are available for student's assistance.

4.4.2.2 Students are requested to fill out the application before obtaining any equipment from skill lab.

4.4.2.3 Students are responsible for leaving the skill lab neat and clean.

4.4.2.4 In case of damage/loss of skill lab property replacement cost must be paid or same item will be replaced by the person responsible for the damage.





#### **4.4.3 Science Lab**

The science lab at DIONAM is located on the 1<sup>st</sup> floor. The lab is practical resource for students which allow them to learn and understand scientific concept and principles which the students study in their theory classes. They perform experiments and get a chance to have a hands-on experience or further development of cognitive domain.

#### **4.4.4 Anatomy Lab**

The Anatomy lab has latest equipment which includes anatomical models and posters etc. for students of all the programs in the Institute. The lab can accommodate twenty five students at a time for the practical work. The facility is utilized for anatomy and physiology and pathophysiology. The lab is open from 8:30 to 15:00 hours, Monday till Thursday and Saturday, Timings for Friday are 8:30 to 12:00. Faculty members are available at all times to assist students to help them utilize the lab resources effectively.

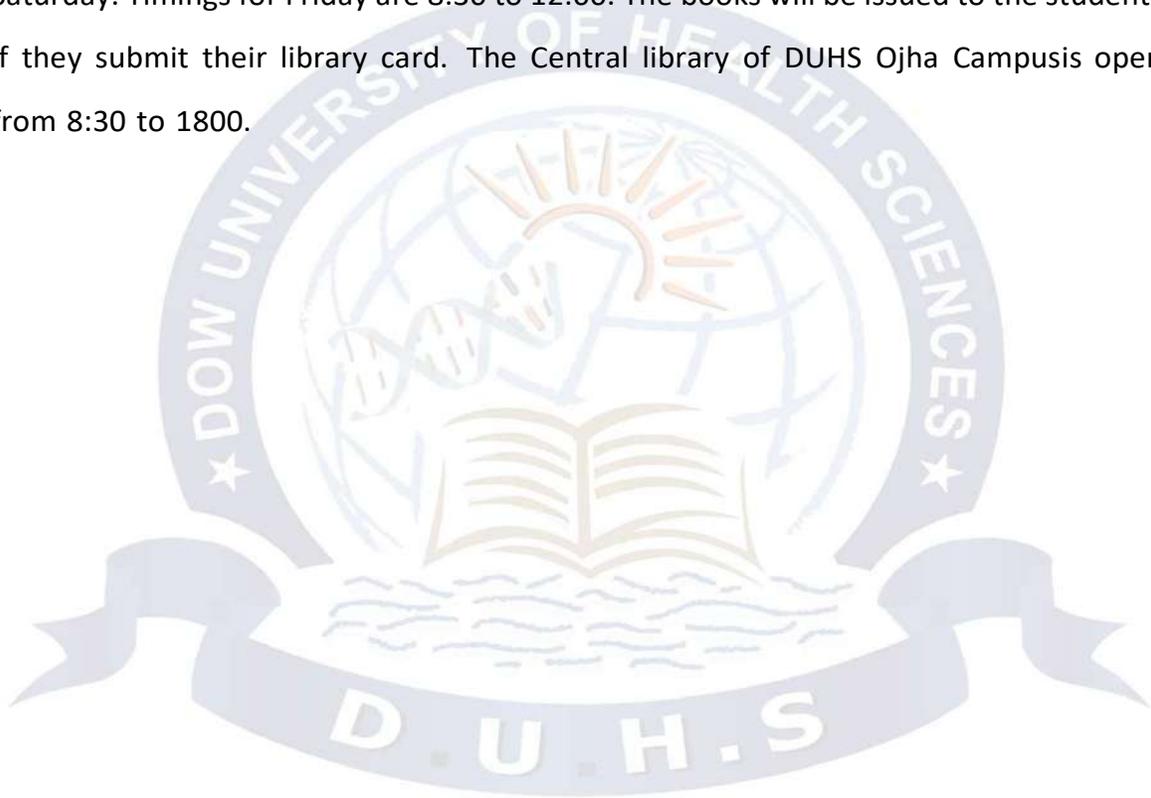
#### **4.4.5 Digital Library**

The computer Lab is located on the 2<sup>nd</sup> floor. The lab is practical resource for students which allow them to learn and understand concepts of computers and principles. Technical staff and faculty members are available at all times to assist students to help

them utilized the lab resources effectively. The lab is open from 8:30 to 15:00, Monday till Thursday and Saturday. Timings for Friday are 8:30 to 12:00.

#### **4.4.6 Library**

The library is equipped with latest books on nursing topics and librarians are available to assist the students. The library is open from 8:30 to 15:00, Monday till Thursday and Saturday. Timings for Friday are 8:30 to 12:00. The books will be issued to the students if they submit their library card. The Central library of DUHS Ojha Campus is open from 8:30 to 1800.



## 5 Assessment Methods:

Apart from the Internal courses, following is the evaluation criteria followed for undergraduate programs at DIONAM

Internal Assessment: 30%

Mid-term: 30%

Final Term: 40%



## 6 Faculty Members



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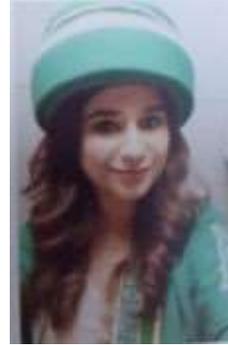
**MS. MADIHA SALEEM**

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## 7 Adjunct Faculty Members:



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